Eligibility Criteria

	只限會員 Members only	年齡要求 Age requirement	有限度 社交支援 Minimal social support	低收入 Low-income	服務前審查 Intake Assessment required
外展服務 Outreach Services		√ Age 50 歳+	√		
社區報稅 Tax clinic		√ Age 18 歳+		√	√
特別需要小組 Adult Day Program	\checkmark	√ Age 50 歳+	\checkmark		√
社區同行大使 Chinese Community Helper Program		✓ Age 65 歳+	√		√
交通接送及 醫療傳譯 Escorted Transpor- tation and Medical Interpretation		√ Age 55 歳+	√	√	√
義工家居維修 Volunteer Handy Person Program		Age 55 歳+		\checkmark	√
家居清潔 Housekeeping Services		√ Age 55 歳+	✓	\checkmark	\checkmark
義工友善探訪 Volunteer Friendly Visiting Program		Age 55 歳+	✓		

撥款機構 **Funders**





















community allies

Funded by the Government of Canada's New Horizons for Seniors Program



Office Hours

星期一至星期日 | 上午九時至下午五時 | 公眾假期休息 Monday - Sunday | 9:00am - 5:00pm | Closed on Statutory Holiday



111 Riverfront Avenue S.W. Calgary, AB T2P 4Y8 (403) 269-6122 | www.cceca.ca

Charitable Registration Number: 126698018 RR0002

Calgary Chinese Elderly Citizens' Association - CCECA



cceca@cceca.ca

關於我們

卡城華人耆英會是一個非牟利社會服務機構,坐落於 卡城華埠。從1985年成立至今,一直致力服務卡城華 裔長者。 本會提供多種服務和活動項目,涵蓋社會服 務、社區支援、醫療健康等領域。現會員人數超過 2,200 人。年滿30歲的亞省居民可以加入成為會員。

我們的展望

華裔長者過着幸福,健康的獨立生活和為加拿大社 會作出貢獻。

About Us

The CCECA is a non-profit social service organization located in Chinatown Calgary. It has been serving Chinese older adults citywide since 1985. It provides a great variety of services and programs, from social services and community support to health services etc. Its current membership exceeds 2,200 people. Alberta residents who aged 30 or above may join us as member.

Our Vision

Chinese older adults live healthy happy, independent lives and contribute to the Canadian society.

項目及服務 Program & Services

福利及資源

Benefits and Resources

*卡城長者服務一路通 (外展服務) The Way In - Calgary Older Adult Services (Outreach Services) (403) 457-6609

資訊及轉介, 申請福利及個案處理 System navigation and referral, benefits application and case management

- * 監誓及公證 Commissioner for Oaths & Notary Public
- * 福利講座 Benefits Talks
- * 社區報稅服務 Community Tax Clinic 協助低收入人士報稅 Helps low-income families to file their tax returns

社交、康樂 及文教

Social, Recreation & Education

- * 社交康樂活動 Social and Recreational Activities
- * 關懷及社交小組 Social Groups and Support Groups
- * 興趣班組 Interest Class and Groups
- * 文教活動 Educational Programs
- * 偶到服務 Drop-in Activities
- * 101智能學習班 101 Digital Teaching Classes

身心健康

Physical & Mental Wellness

- * 華人特別需要小組(老人日間護理服務) Chinese Special Needs Support Group (Adult Day Program)
- * 社區同行大使 (朋輩支援) Chinese Community Helper Program
- * 美善囑福計劃
- Palliative and End of Life Care Program
- * 精神健康講座 Mental Health Talks
- * 心理社交小組 Psychosocial Groups
- * 長者健身室及運動班 Senior Fitness Room and Exercise Classes
- *健康講座及活動 Health Talks and Events
- *保健中心及足部診所 Wellness Centre & Foot Clinic
- * 華語輔導服務 Chinese Counselling Service

社區及家居 支援

Community & Home Support

- * 家居維修 Volunteer Handy Person Program
- *家居清潔 Housekeeping Services
- * 交通接送及醫療傳譯 Escorted Transportation and **Medical Interpretation Services**
- * 照顧者支援小組 Caregiver Support Group